

Price List

As of 22.01.2019

Please refer to our website for a full list of our services. We also offer a variety of supplements. Our clients benefit from a 5% discount of Lambert's Supplements from their RRP. Thyroid Club members attract a further 5% discount. [Postage cost applies for orders under £25]

FREE initial telephone call

A doctor-patient relationship is built on mutual trust. We fully understand that you might want to speak to Dr. Frey before committing to becoming a patient of CountryHealth.

Why not book a 15 min telephone call to find out, how we can help you? We will not be able to provide you with medical advice during this call but can establish, whether our services fit your needs – and how to best proceed.

Registration Fee

£ 49

Applies to ALL new patients. This fee covers our work for putting your details from the [registration form](#) onto our practice software.

Registration Health Check with Report £ 49

To give you the best possible service we recommend that all new patients book a registration health check BEFORE seeing Dr. Frey. This Mini Health MOT includes body composition analysis, blood pressure and lung function test.

You will receive a comprehensive report, too.

Consultation Fees

Initial Consultation with Dr Frey £ 249/45 min

During your first consultation we will establish the necessary actions to investigate your health problems – or to find out what you need to do to stay well.

The consultation includes taking of your detailed medical history, review of any notes or results already available and a physical examination – if appropriate – followed by an action plan.

Follow-up Consultation with Dr Frey £ 149/30 min

During this consultation we review your progress, discuss additional tests and finetune your treatment plan.

Telephone/Skype consultation £ 79/15 min

We either require an up-to-date GoCardless agreement or take card payment over the phone.

If you are further away and want to discuss a health issue, a report received or follow-up on a previous consultation.

Private Prescription £ 30

NB: The fee for a private prescription is included in any of our reports.

Private Sick note £ 30

GP Letter / Referral from £ 30

Thyroid Clinic

Thyroid Profile with antibodies

£ 59

Additional fees: Phlebotomy £ from 49, postage from £ 6.50, Thyroid Report £ 99

The bundle does not include the cost for supplements or medication

Turnaround time approx. 14 days

What is included: TSH, T4 – the inactive thyroid hormone, T3 – the active thyroid hormone,
Thyroid antibodies: TGAB & TPO / TPEX

We recommend to add our Thyroid Report, approx. 33 pages with detailed recommendations, a supplement plan, & a private prescription if indicated.

Advanced Thyroid, Vitamin and Iron Profile

£ 99

Additional fees: Phlebotomy £ from 49, postage from £ 6.50, Extended Thyroid Report £ 129

The bundle does not include the cost for supplements or medication.

Turnaround time 10-14 days

We recommend this bundle for all of our first time thyroid patients.

What is included: TSH, T4 – the inactive thyroid hormone, T3 – the active thyroid hormone,
Thyroid antibodies: TGAB & TPO / TPEX, Vitamin D, Vitamin B9 (Folate), Vitamin B12 & Ferritin –
your iron storage, hs-CRP

We recommend to add our Thyroid Report, approx. 33 pages with detailed recommendations, a supplement plan, & a private prescription if indicated.

Advanced Thyroid, Vitamin and Iron Profile, reverse T3 £ 169

Additional fees: Phlebotomy £ from 49, postage from £ 6.50, Extended Thyroid Report £ 129

The bundle does not include the cost for supplements or medication

We recommend this bundle for all of our first time thyroid patients. Turnaround time approx. 21 days

What is included: TSH, T4 – the inactive thyroid hormone, T3 – the active thyroid hormone, reverse T3, Thyroid antibodies: TGAB & TPO / TPEX, Vitamin D, Vitamin B9 (Folate), Vitamin B12 & Ferritin – your iron storage, hs-CRP

We recommend to add our Extended Thyroid Report, approx. 15-20 pages with detailed recommendations, a supplement plan, & a private prescription if indicated.

Ultimate Thyroid Profile & Detailed Report £ 219

Additional fees: Phlebotomy £ from 49, postage from £ 6.50, Extended Thyroid Report £ 129

The bundle does not include the cost for supplements or medication

This is our **most comprehensive test** if you feel tired all the time. Not only does it test the full thyroid profile including reverse T3, it also ensures that other causes of tiredness are investigated.

Turnaround time approx. 21 days

What is included: Full Blood Count; Inflammation markers: ESR & CRP; Iron status Profile (Iron/Total Iron Binding Capacity/Ferritin); TSH, FT4, FT3, Reverse T3; Vitamin D; Tissue Transglutaminase IgA – a reaction to gluten

We recommend to add our Extended Thyroid Report, approx. 33 pages with detailed recommendations, a supplement plan, & a private prescription if indicated.

Standard Thyroid Report

£ 99

Report your results for TSH, FT4, FT3, rT3 & thyroid antibodies

This does not include blood tests! Useful for patients further afield.

Our Thyroid Report is a comprehensive document, about 33 pages, which explains to you in more detail how your thyroid works, what all the different tests mean, how you can help yourself with lifestyle changes and supplements. We also explain the different medication and why the standard medication of Levothyroxine does not work for some patients.

Your results will be presented in an understandable format, colour coded and we also put them on a scale from -10 to +10 with -1 to +1 being the optimal range.

The report includes the fee for a private prescription if indicated, but not medication.

Extended Thyroid Report

£ 149

Report your results for TSH, FT4, FT3, rT3, thyroid antibodies, Vitamin B9, B12, D and ferritin

This does not include blood tests! Useful for patients further afield.

In addition to the Standard Thyroid report, we analyse your vitamin and iron status.

The report includes the fee for a private prescription if indicated, but not medication.

Food Intolerance Testing

All tests include the blood sampling and FedEx fee. If additional blood tests are requested, a blood testing fee is required to cover our additional work.

ImuPro Screen 22

£ 129

ImuPro Screen provides an individual analysis of 22 foods. It is a simple way to find out whether you may have an IgG food allergy quickly and at a reasonable price. Results will be sent to you via email.

ImuPro Vegetarian

£ 279

ImuPro Vegetarian tests the 90 most important foods, such as common vegetables, fruits, cereals, dairy products and chicken egg as well as some superfoods. Results will be sent to you via email.

BREXIT Surcharge

The ImuPro tests are processed by a laboratory in Germany. To cover our currency exchange cost, the following surcharges apply to all ImuPro tests:

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|--------------|------------|-----|
| • GBP to EUR | > 1.10 | NIL |
| • GBP to EUR | 1.0 to 1.1 | 10% |
| • GBP to EUR | 0.9 to 1.0 | 20% |
| • GBP to EUR | 0.8 to 0.9 | 30% |

Other services

Blood tests

We offer a huge variety of blood tests for nearly every possible health problem. Most prices are advertised on our website. If you are looking for something specific, please ask us.

Our key lab partners are the Doctors Laboratory, THRIVA, MediChecks, ImuPro, Regenerus, Armin Labs and Invivo Clinical.

Blood sampling & Processing from £ 49

Monday-Thursday recommended. Included in ImuPro tests. All other blood tests require a blood sampling & processing fee to cover our additional work.

Many blood samples will need to be centrifuged and separated within one hour to ensure reliable results. Our fee includes Royal Mail Special Delivery Guaranteed® by 1pm the next day. We send you the results via email.

Adrenal Fatigue Report £ 149

Report your results for saliva cortisol and DHEA

This does not include the test!

Our Adrenal Report is a comprehensive document, about 40 pages, which explains to you in more detail how your adrenals works, what all the tests results mean, how you can help yourself with lifestyle changes and supplements.

GI-Map Report

£ 199

Report your results from the GI-MAP stool test from Diagnostic Solutions.

This does not include the test!

Our GI-Map Report is a comprehensive document, about 65 pages, which explains to you in more detail the results of your tests and gives a detailed treatment plan.

If you need a prescription, the fee is included in the report - but not the cost of medication or supplements.

